



Alliance for Leadership and Education

Supporting Quality and Innovation in Adult Day Services

2
0
1
5

A
L
E

A
N
N
U
A
L

R
E
P
O
R
T

2015 Board of Directors

Corinne Jan, RN, PHN *President*
Hong Fook Centers / Family Bridges, Inc.
Oakland

Mallory Vega *Vice President*
Acacia Adult Day Services
Garden Grove

Maureen Dunn, MSW *Secretary*
Mills-Peninsula Senior Focus Center Adult Day Health
Burlingame

Guita Sharifi *Treasurer*
Alzheimer's Family Services Center
Huntington Beach

Diane Puckett *Board Member*
Peg Taylor Center for ADHC
Chico

Celine Regalia, MSW *Board Member*
Adult Day Services of Napa Valley
Napa

Terri Whitmire, MA *Board Member*
Lodi Health Adult Day Services
Lodi

Lydia Missaelides, MHA
Executive Director

Kathryn Atkinson
Operations Manager

1107 9th Street, Suite 701
Tel: 916.552.7400
Email: alliance@caads.org

Sacramento, CA 95814-3610
Fax: 866.725.3123
Web: www.adultdayservices.org

Alliance for Leadership and Education

A 501 (c) 3 Public Benefit Corporation

Board of Directors

The Alliance for Leadership and Education (ALE) Board of Directors met five (5) times in 2015, including a one-day retreat to create a vision for the future of ALE, and a two-day joint planning retreat with the Board of the California Association for Adult Day Services.



New ALE logo

The Board also adopted a new logo for ALE and obtained legal counsel from *UpCounsel* to craft licensing agreements for the Community Based Health Home project and the TOPS (Tracking Outcomes for Program Success) program.

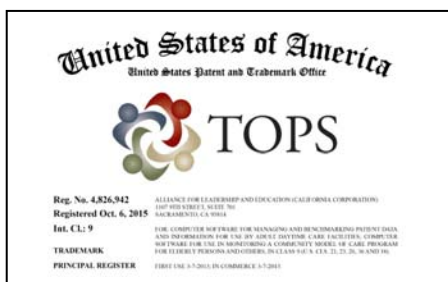
Nina M. Nolcox Scholarship Fund

The Nolcox Scholarship Fund was created in 2014 to recognize nursing leadership, dedication and passion for community based nursing within adult day services as exemplified by Nina Nolcox, RN, PHN. Nina served as President of CAADS from 2012 – 2014.

In 2015, the Nina M. Nolcox Scholarship Fund continued to receive donations, the Scholarship Committee established applicant qualifications and guidelines, and Call for Applications was issued. The first awards are expected to be made in 2016.

TOPS Trademarked

On October 6, 2015, the United States Patent and Trademark Office registered the name and logo for **TOPS, Tracking Outcomes for Program Success**.



TOPS is the Alliance for Leadership and Education's custom software system for managing and benchmarking participant data used by adult day services centers.

Community Based Health Home Project



In January 2013, the **SCAN Health Plan Community Giving Program** awarded the Alliance for Leadership and Education a three-year, \$2 million grant to pilot the *Community Based Health Home (CBHH) Project*. The CBHH project builds on the ADHC platform to achieve the "Triple Aim" goals for complex, high-risk, high-cost persons with low health literacy and disconnected care.

In January 2015, with funding from the **San Francisco Foundation**, two new CBHH sites located in San Francisco were licensed by ALE to start-up in July 2015.

Central to the CBHH Project is the addition of a Nurse Navigator, a Registered Nurse who works beyond the Center's walls to accompany participants to medical appointments, make home, hospital and nursing home visits, and facilitate transitions to/from these settings.

Project outcomes were analyzed by ALE and WeiserMazars consultants, and presented to Health Plans, the California Health and Human Services Agency, the California Department of Aging and the California Department of Health Care Services in the context of the state's Section 2703 Health Home application to the Centers for Medicare and Medicaid Services.

Key findings show:

- Hospital visits were reduced by 24.1%.
- Emergency Department visits were reduced by 23.6%.
- 30-day hospital readmissions were 1.8% compared to the Medicare average of 20%.
- Per member per year calculations yielded an estimated cost avoidance of \$4 million.

Alliance for Leadership and Education

A 501 (c) 3 Public Benefit Corporation

Thomas J. Long Foundation

In January 2015, the **Thomas J. Long Foundation** awarded the ALE with a three-year grant in the amount of \$750,000.

The purpose of the grant is to replicate the CBHH model at two additional ADHC sites, one in Alameda County and one in Contra Costa County.

Managed Care Academy

In the fall of 2015, ALE and CAADS jointly sponsored the Managed Care Learning Academy in Sacramento. The two-day intensive and interactive learning academy was conducted by Russ Foster and Sheila Stephens, RN, from pmpm Consulting of WeiserMazars, to deepen adult day services providers' knowledge of managed care principles, value-based payment methodologies, and negotiation skills.

Provider Network Feasibility

In December 2015, the ALE Board of Directors approved limited funds to determine the feasibility of establishing an adult day services provider network.

Such networks are common among physician groups and other provider types, and the Board will examine whether a network of adult day services providers has the potential to significantly change the nature of ADHC services in California by enhancing service offerings, diversifying the payor base and creating efficiencies in operations aligned with the emerging managed care environment for low income elderly Californians.

Financial Report

The ALE relies on grant funds and tax deductible donations for its operations. In January 2015, ALE completed a 36 month grant from **SCAN Health Plan Community Giving** to create the *CBAS Community Health Home*, and launched a 36 month grant from the **Thomas J. Long Foundation** for *Advancing the Community Based Health Home*, in Alameda and Contra Costa counties.

In addition, ALE received donations for the **Nina Nolcox Scholarship Award**, the **Managed Care Academy**, and **Provider Network Feasibility** efforts.

The ALE financial records were audited in 2015 for the 2014 fiscal year by Thompson Noble Company, LLC, a Sacramento-based CPA firm.

AUDITED STATEMENT OF FINANCIAL POSITION As of December 31, 2014

BALANCE SHEET

ASSETS	
Current Assets	202,509
TOTAL CURRENT ASSETS	\$ 202,509
LIABILITIES	
Deferred grant Income	195,409
Due to related party	400
Total Current Liabilities	195,809
NET ASSETS (DEFICIT)	6,700
TOTAL LIABILITIES AND ASSETS	\$ 202,509

STATEMENT OF INCOME AND EXPENSE

REVENUE	
Grants	978,073
Scholarship Fund	4,875
Other revenue	8,235
Total Revenue	\$ 991,183
TOTAL EXPENSES	
CHANGES IN NET ASSETS	8,535
NET ASSETS (DEFICIT) BEGINNING OF YEAR	\$ (1,835)
NET ASSETS, END OF YEAR	\$6,700

2015 Community Based Health Home Project Sites

Acacia Adult Day Services
Garden Grove

Adult Day Services of Napa Valley
Napa

Alzheimer's Services of the East Bay
Berkeley | Hayward

Bayview Hunters Point Adult Day Health
San Francisco

Hong Fook ADHC Center, 14th Street
Oakland

Mt. Diablo Adult Day Health Care
Pleasant Hill

SteppingStone Mission Creek Day Health
San Francisco

Yolo Adult Day Health Center
Woodland