



Alliance for Leadership and Education

Supporting Quality and Innovation in Adult Day Services

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Alliance for Leadership and Education

A 501 (c) 3 Public Benefit Corporation

Board of Directors

The Alliance for Leadership and Education (ALE) Board of Directors met two times in 2018, including a two-day joint planning retreat with the Board of the California Association for Adult Day Services.

Nina M. Nolcox Scholarship Fund

In 2018, the **Nina M. Nolcox Nursing Scholarship for Continuing Education** accepted applications and selected one recipient. The recipient received paid registration to attend the CAADS Spring Conference plus a stipend of \$750 to cover related expenses.

Congratulations to:

Spring Conference Scholarship Recipient

Kat Beglinger Le Strange, RN
Choice in Aging, Pleasant Hill

Fall Conference Scholarship Recipient

No recipient applied

The Nolcox Scholarship Fund was created in 2014 to recognize nursing leadership, dedication and passion for community based nursing within adult day services as exemplified by Nina Nolcox, RN, PHN, who passed away on October 28, 2014. Nina served as President of ALE from 2010 through 2011 and President of CAADS from 2012 through 2014.



TOPS: Tracking Outcomes for Program Success

TOPS is the Alliance for Leadership and Education's custom software system for managing and benchmarking participant data used by adult day services centers.

In August 2017, ALE staff trained the Community Based Health Home (CBHH) Nurse Navigators and Program Directors about entering data into the TOPS system and generating individual participant and center reports. The training also included a review of the key principles and framework for the CBHH model.

Community Based Health Home Project

In January 2013, the **SCAN Health Plan Community Giving Program** awarded the Alliance for Leadership and Education a three-year, \$2 million grant to pilot the **Community Based Health Home (CBHH) Project**. The CBHH project built on the ADHC platform to achieve the "Triple Aim" goals for complex, high-risk, high-cost persons with low health literacy and disconnected care.

Central to the CBHH Project is the addition of a Nurse Navigator, a Registered Nurse who works beyond the Center's walls to accompany participants to medical appointments, make home, hospital and nursing home visits, and facilitate transitions to/from these settings.

In January 2015, the **Thomas J. Long Foundation** awarded the ALE with a three-year grant in the amount of \$750,000 for the purpose of "**Advancing the Community Based Health Home**" by supporting expansion and replication of the CBHH model into Alameda and Contra Costa counties.

This allowed two additional ADHC sites to become designated CBHH sites and provided support to ALE to continue its project management and development efforts.



Alzheimer's Services of the East Bay
Alameda County



Choice in Aging
Contra Costa County

In 2018, The Thomas J. Long Foundation awarded ALE an additional grant of \$50,000.



Avenidas ADHC in Santa Clara County obtained its own local grant funding to join the CBHH team and obtain training and technical support from ALE as part of the CBHH project, which continued in 2018.

A total of 255 participants have been served in the CBHH project since its inception in 2012.

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Community Based Health Home (CBHH)



The CBHH Nurse Navigators and Program Directors met 12 times during 2018 via 90-minute teleconferences, and one time for an in-person, one-day training in Sacramento.

The following ADHC / CBAS sites participated in the CBHH Project in 2018:



Avenidas Rose Kleiner Center
Mountain View
Santa Clara County



Bayview Hunters Point Adult Day Health Care
San Francisco
San Francisco County



Choice in Aging / Mt. Diablo Adult Day Health Care
Pleasant Hill
Contra Costa County



Collabria Care
Napa
Napa County



Family Bridges, Inc. / Hong Fook Centers
Oakland
Alameda County



Yolo Adult Day Health Center
Woodland
Yolo County

Family Bridges Joined the State's Health Home Program (HHP)



Section 2703 of the Affordable Care Act (ACA) allows states to create Medicaid health homes to coordinate the full range of services and supports needed by individuals with complex chronic conditions. California Department of Health Care Services elected to add this new benefit for selected counties.

Designated Pioneer Community Based Health Homes (CBHH) have been in a strong position to contract with their local managed care plans as ADHC-based Health Home sites.

In 2018, **Family Bridges** in Alameda County became a health home contractor for **Alameda Alliance for Health** and **Anthem Blue Cross Medi-Cal health plans**.

The state's Health Home Program is designed to target eligible Medi-Cal beneficiaries with multiple chronic conditions who are frequent utilizers of health care and would benefit from intensive care management and coordination.

Health Homes are required to provide six core services that are wholly consistent with ALE's CBHH model of care:

1. Comprehensive care management
2. Care coordination (physical health, behavioral health, community-based LTSS)
3. Health promotion
4. Comprehensive transitional care
5. Individual and family support
6. Referral to community and social support services

It is expected that in 2019 additional ADHC/CBAS sites will apply to be contracted Health Home sites in Los Angeles County.

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Academic Partnership with New York University College of Nursing

ALE Executive Director **Lydia Missaelides** began exploration of a partnership with **Dr. Tina Sadarangani**, a post-doctoral fellow at **New York University's College of Nursing**, in late 2017. This resulted in an intensive effort in 2018 to analyze data from ALE's CBHH project and evaluate the project outcomes.

Qualitative and quantitative methods were used to evaluate the project. The results yielded significant publishable findings that can be expected to result in multiple academic journal articles in 2019. An important aspect of this research partnership is the ability to leverage the findings for additional grants and research in the field. Translational research of this type also produces the opportunity to export best practices throughout the adult day services community. It also opens up other research questions for an ever expanding cadre of academic researchers interested in adult day services.

Medicare Related Activities

Yolo Adult Day Health Center is an original CBHH site that needed to reduce its financial support of CBHH due to lack of reimbursement. However, their CBHH experience positioned the center to successfully propose a value-based pilot project with a **Dignity Health** hospital in Woodland to serve complex Medicare patients identified by clinic case managers to be frequent emergency room users. The project operates outside of regular ADHC hours with the goal of avoiding costly hospital use.

Russ Foster, and **Shawn Dunphy**, ALE's managed care consultants from Mazars USA, and ALE Executive Director **Lydia Missaelides** engaged in discussions with two health plans about the new Supplemental Benefits allowed under Medicare Advantage Plans that align with services that can be offered by adult day services programs. The CBHH project experiences and outcomes served to demonstrate the potential for cost savings by using ADS sites with this new Medicare benefit flexibility...

Financial Report

The ALE relies on grant funds and tax deductible donations for its operational income.

Donations to the **Nina Nolcox Educational Scholarship Fund** and from the **Gift Basket Raffle** held at CAADS Conferences also provide financial support.

The ALE reimburses CAADS for shared staff positions and time allocated to ALE activities.

The 2017 financial records of the ALE were audited by Williams and Olds CPAs of Sacramento.

AUDITED STATEMENT OF FINANCIAL POSITION For the Year Ended December 31, 2017

STATEMENTS OF FINANCIAL POSITION

ASSETS

Cash and Cash Equivalents	145,356
Receivable from related party	1,250
Grants receivables	0
TOTAL ASSETS	<u>\$146,606</u>

LIABILITIES AND NET ASSETS

Accounts payable and accrued expenses	6,421
Deferred revenue	<u>72,400</u>
TOTAL LIABILITIES	78,821

NET ASSETS

Unrestricted	52,785
Temporarily Restricted	<u>15,000</u>
TOTAL NET ASSETS	\$67,785
TOTAL LIABILITIES AND NET ASSETS	<u>146,606</u>

STATEMENT OF ACTIVITIES

SUPPORT AND REVENUE

Contributions	\$239,238
Program fees	59,004
TOTAL SUPPORT AND REVENUE	298,242

EXPENSE

Program services	262,211
General and administration	<u>7,797</u>
TOTAL EXPENSES	<u>270,008</u>

CHANGE IN NET ASSETS 28,234

NET ASSETS AT BEGINNING OF YEAR 27,885

NET ASSETS AT END OF YEAR \$56,119